



ST. MARY'S GIRLS' SCHOOL –RUNDA

Name.....

Class.....

Adm. No

Date

ENGLISH

FORM ONE

HOLIDAY ASSIGNMENT

WEEK 1

WRITING

Your mother has planned to do an end of year shopping for everyone in the family.

- Make an *inventory* of at least five items that you have. (10 mks)
- Make a *shopping list* of the items you wish her to buy for you. (10 mks)

WEEK 2

COMPREHENSION PASSAGE

Read the passage below and answer the questions that follow. (20 marks)

The human body can tolerate only a small range of temperature, especially when the person is engaged in vigorous activity. Heat reactions usually occur when large amounts of water and/or salt are lost through excessive sweating following strenuous exercise. When the body becomes overheated and cannot eliminate this **excess** heat, heat exhaustion and heat stroke are possible.

Heat exhaustion is generally characterized by clammy skin, fatigue, nausea, dizziness, profuse **perspiration**, and sometimes fainting, resulting from an inadequate intake of water and the loss of fluids. First aid treatment for this condition includes having the victim lie down, raising the feet 8 to 12 inches, applying cool, wet cloths to the skin, and giving the victim sips of salt water (1 teaspoon per glass, half a glass every 15 minutes) over a 1-hour period.

Heat stroke is much more serious; it is an immediate life-threatening situation. The characteristics of heat stroke are a high body temperature (which may reach 106° F or more); a rapid pulse; hot, dry skin; and a blocked sweating **mechanism**. Victims of this condition may be

unconscious, and first-aid measures should be directed at quickly cooling the body. The victim should be placed in a tub of cold water or repeatedly sponged with cool water until his or her temperature is sufficiently lowered. Fans or air conditioners will also help with the cooling process. Care should be taken, however, not to over-chill the victim once the temperature is below 102° F.

- When, according to the passage, do heat reactions occur? 2 mks)
 - What happens when the body is unable to eliminate excess heat? (2 mks)
 - What may cause fainting in the case of heat exhaustion, according to the passage?(2 mks)
 - State the first aid treatment for heat exhaustion. (4mks)
 - How can a heat reaction of a victim’s body be cooled? (3 mks)
 - Why should care be taken when cooling a victim’s temperature? (1 mk)
 - Write in singular. (1mk)
- Fans or air conditioners will also help with the cooling process.
- What is the passage about? (2 mks)
 - Explain the meaning of the following words as used in the passage. (3 mks)

Perspiration

Mechanism

Excess

WEEK 3

3. CLOZE TEST

Fill in the gaps in the following passage with the most appropriate word. (10marks)

Jane was walking to her class slowly. She was worried 1_____ the English test she would have to take that morning. As she was reaching the classroom, a piece of paper suddenly fluttered down and landed near her feet. As Jane glanced down at the paper, her heart nearly 2_____ a beat. It was the English test paper complete 3_____ answers!

4_____ very first thought was not to 5_____ anyone about what she had found. She would memorize 6_____ the answers and do extremely 7_____ in the test. After all, she had not revised for the test. After some hard thinking, however, she knew that it would be a very 8_____ thing to do. Besides, it would not be fair to her classmates. She decided 9_____ to read the paper and thus folded it neatly, though there was a small voice in her telling her to just keep the paper to herself. In the 10_____, Jane returned the paper to her English subject teacher, Mr. James, without reading it.

4. ORAL SKILLS

Read the narrative below and then answer the questions that follow. (20 mks)

Long ago there lived a king who had many beautiful daughters. But the youngest was as lovely as the sun. Her father had warned her against talking to strangers and walking away from the castle alone. Near the king's castle was a large, dark forest. In this forest stood an old lime tree, beside a spring where an ogre lived.

One day the king's youngest daughter came to this tree and sat down in the shade to rest. After a while she began to toss up her golden ball and catch it as it fell. At last, she failed to catch it. It fell on the ground and rolled into the spring — splash! It went out of sight. The little princess began to sob and weep. Then a voice called out, " O king's daughter, why are you weeping? Tell me your trouble and I may help you."

She looked toward the spot from which came the voice. There was a frog with his head stretched out of the water.

" Was it you, old frog, that spoke?" she asked. " You cannot help me. I am weeping because I have lost my ball which rolled into the spring."

" Then weep no more," said the frog. " I can get it out, but what will you give me if I bring back your plaything? "

" Oh, anything that you like, dear frog," said the princess. "What will you have — my silk dress, my necklace of pearls, or my golden crown? I like my ball best of all."

" Dresses and pearls and golden crowns are nothing to me," said the frog. " I wish

to be your friend and playfellow. I wish to sit at your table, to eat from your plate, to drink from your cup, and to sleep in your bed. If you will promise me these things, I will bring back your golden ball."

" Oh, yes," she said, thinking only of her pretty toy. " I will promise whatever you wish."

Down dived the frog. Soon he came up with the golden ball in his mouth. He rolled it on the grass and the king's daughter picked it up, with a cry of joy. Then she ran home as fast as a deer.

After many days, the frog came to the castle and the princess refused to kept her promise. The frog then transformed into an ugly ogre and swallowed the princess.

My story ends there.

- Classify this narrative. Give a reason for your answer. (2mks)
- Give the examples of the following as used in the narrative. (2mks)

Opening formula.....

Closing formula.....

- Give two examples of simile in the narrative. (2 mks)
- What lesson do you learn from the narrative? (2mk)
- Apart from the type of narrative above, name 2 other types of narratives. (2 mks)
- Your teacher has informed you that there will be a debate next Monday.
 - (i) How would you prepare for the debate? (3mks)
- What would you do to ensure that you deliver your points effectively? (3mks)
- Group the words below according to the pronunciation of the sounds in bold. (4 mks)

character, chef, chaos, machine, parachute, chief, chores, core

Chicken /tʃ/	Chemical /k/	Chauffeur /ʃ/

--	--	--

WEEK 4

5. Grammar (30 mks)

Fill in each of the gaps below with the correct form of the adjectives given in brackets. (4 marks)

- That room is _____ than yours. (tidy)
- He committed the _____ crime in history. (bad)
- His story is _____ than the previous one. (good)
- Janet’s house is _____ (big) than mine.

Change the following sentences into indirect speech. (2mks)

- “I would like to be successful in life,” James told us.
- “I wrote this poem,” the little girl said.

Convert the following sentences into passive voice. (2 mks)

- The students should clean the classrooms.
- The class prefect accused him of breaking the school trophy.

Fill in the blanks with the most appropriate preposition. (2mks)

- (i) She has lived in Samburu ten years.
- (ii) It is improper to hurl abuses people.

Replace the underlined word with the correct word. (4 mks)

- The teacher was so disappointed that she ordered the students to leave the seen.
- The plain had just taken off when one of the passengers began to scream.
- By the time this practice ends, everyone must have swum the length of the pull at least twice.
- It is quiet clear that the problem is solved.

Use the correct form of the word in brackets. (5 mks)

- _____ is very important. (honest)
- The hyena is known for his _____. (greedy)
- _____ wins. (lovely)
- Experience is the _____ teacher. (good)

- We _____ to school to acquire knowledge. (goes)

Punctuate the following sentences. (5 mks)

- We live in Kasarani Nakuru.
- she bought mangoes, bananas and apples.
- Which is the biggest lake in East Africa
- What a wonderful friend we have in Jesus
- I am going home

8. Replace the underlined words with an appropriate pronoun (3 mks)

- The old gate does not look good.
- Tom and Mary went to school.
- Anthony drove Junet and Me.

9. Fill the gaps with the correct collective noun. (3 marks)

- a. He was attacked by a _____ of bees.
- b. My father owns a large _____ of cattle.
- c. A _____ of thieves broke into our house.

WEEK 5

FUNCTIONAL WRITING

(20 MARKS)

You have just reported back to school after half time break. You are not allowed to have food stuffs in school. At the gate, the deputy principal discovers food items in your bag and demands an explanation. Write an apology letter to the deputy principal over the incident.

WEEK 6

CLOSE TEST

Fill in the blank spaces with the most appropriate words.

(10 MARKS)

‘I am done! I am done!’ my voice echoed in the forest. I wept aimlessly. I did 1 _____ know whether I was weeping because my friend was dying 2 _____ because I had very little hope of 3 _____ the next sunrise. 4 _____ fell like a heavy

5 _____ covering the whole country around us. A hyena, which was apparently watching 6 _____ helplessness, made a noise which sounded like a hoarse laughter. 7 _____ frightened me so much that I could hear my own 8 _____ beating. I shouted as 9 _____ as my empty stomach would allow me and the 10 _____ ran to the forest. From that day to this, when I am telling this story, I have never been confronted with such a problem.

WEEK 7

- **COMPREHENSION**

(20 MARKS)

Read the following passage and answer the question that follow

In case you've ever wondered how much time your daughter spends taking selfies, a poll in 2015 found that the average woman between 16 and 25 years old spends over five hours a week. It sounds like a lot unless you've tried to take selfies yourself and know what an elaborate process it can be. Women take an average of seven shots to get one image, according to the poll; Kim Kardashian said it takes about 15 to 20. Then there are the filters, not to mention real-life alterations like changing lighting or touching up makeup. There are also apps you can use for more drastic procedures like changing your bone structure, slimming your waistline, erasing pimples and more.

Selfies can be silly and lighthearted, of course, notes Alexandra Hamlet, a psychologist at the Child Mind Institute. But she also recognizes the darker side, when photos become a measure of self-worth. "With makeup, with retouch, with filters, with multiple, multiple attempts, it's almost like you're never going to **stack up**," says Dr. Hamlet, "And that is where I think it gets dangerous."

We're used to worrying about how girls will be affected by seeing too many air-brushed images of models in magazines or movies. But now young people themselves are the models and they're wielding their own image-editing software. This leads to a lot of self-scrutiny as they try to perfect their own images, and comparisons to the pictures their peers are posting. Experts are understandably worried about what this means for kids' **self-esteem**.

If you've been telling your daughter that she's beautiful just the way she is, she's getting a different message when she opens up *Snapchat* and sees filters and lenses that alter appearances. Pictures used to be final; now we have post-production.

Dr. Hamlet acknowledges that some of the filters are fun and distort in amusing ways, but also points out there's a so-called "pretty filter" on *Instagram* and *Snapchat*. Beautifying filters

are used almost reflexively by many, which means that girls are getting used to seeing their peers effectively airbrushed every single day online. There are also image altering apps that teens can download for more substantial changes. *Facetune* is one popular one, but there are many, and they can be used to do everything from erase pimples to change the structure of your face or make you look taller. One app called *RetouchMe* gives your photo a “professional retouch” using a photo editing team for under a dollar. The possibilities can be **overwhelming**, particularly since girls know they are scrutinized on their appearances – as, of course, they are scrutinizing their peers.

Self-esteem often takes a hit when you start comparing yourself too much to other people, which is something social media seems to be made for. One study found that frequently viewing selfies led to decreased self-esteem and decreased life satisfaction. Another study found that girls who spend more time looking at pictures on Facebook reported higher weight dissatisfaction and **self-objectification**.

Parents who want to provide a healthy counterbalance to the pressures of social media can start by evaluating how they use social media themselves. Make sure you aren’t talking too much about the pictures you post or see, or ask your children to take too many pictures. The occasional photo is fine, of course, but make a point of prioritizing being in the moment, too. “If you’re taking your kid to a concert, don’t allow them to film the whole thing and see it only through the eyes of the camera,” says Dr. Hamlet. “That’s reinforcing this concept that just being here is not good enough.”

QUESTIONS

- What shows that women take selfies seriously? (2mks)
 - Mention two drastic procedures that you can use to alter your image. (2mks)
 - Explain how selfies become harmful to those who take them. (3mks)
 - What do you think is the different message one’s daughter gets when she opens Snapchat? (2mks)
 - Explain the relationship between self-esteem and social media. (3mks)
 - Dr. Hamlet acknowledges that some of the filters are fun and distort in amusing ways, but also points out there’s so called “pretty filter” on Instagram and Snapchat. (1mk)
- (Replace the underlined words with suitable word)
- From the passage identify two apps mentioned that can be used to alter image. (2mks)

- Explain the meaning of the following words and phrases as used in the passage; (4mks)
 - Stack-up
 - Overwhelming
 - Self-esteem
 - Self-objection

WEEK 8

• ORAL LITERATURE

(20 MARKS)

LION AND HARE

Long time ago there were two great friends. They were Lion, the chief of the animals and hare. Each of these two friends were married. But one day after a suggestion by Hare, the two friends decided to kill their wives so as to remain alone.

Lion told hare that each one's wife should be heard screaming to death and each friend went home saying; "My wife will know whom I am today."

On his arrival home, hare summoned his wife and told him that he and his friend decided to kill their wives. But he added that he was not going to kill her. He told her to hide in a nearby bee hive. Hare told her, "when you hear me hit this hide, you scream because Lion wants to hear you scream to death." When Hare started beating the hide, his wife screamed as she had been instructed.

When Lion heard the screams of his friend's wife he beat his wife to death. Hare took his wife and hid her in the hive and warned her against coming out of it in case she was seen by Lion.

Lion and hare continued with their friendship. They shared everything they got, including food. Whenever food was ready, Hare deceived Lion he was having a stomachache. He would then go to the bush taking his food with him. This way he would feed his wife so that she did not starve. He hid his wife and fed her like this for a long time.

One day, Hare's trick was discovered by Lion. Lion was so angry that he decided to kill hare's wife. So one day when Hare had gone on a short journey, Lion killed his wife.

When Hare came back and discovered his friend had killed his wife, he went and lit a very huge fire. He called his friend and told him, "Lion, you are the king of all animals. I want you to prove that you are the king of all animals. I want you to prove that you are really big by jumping over this fire to the other side of it." "You start jumping over it," Lion answered hare. Hare jumped as high as he could and landed on the other side. Lion tried as hard as he could jump over the fire but instead, he landed in the middle of it. He screamed and called for help saying: "My friend, come and rescue me! I am burning!"

Lion screamed and screamed for help. But there was no one coming, he burnt to death. Hare was happy to see the killer of his wife dead. That is the end of the story.

QUESTIONS

- Classify the above narrative. Give an illustration to support your answer. (3mks)
- Give an example of each of the following features used in the story. (4mks)
 - Opening formula –
 - Closing formula –
 - Repetition –
 - Personification -
- What lesson do we learn from this story? Explain your answer clearly by giving an illustration from the story. (2mks)
- Apart from the above type of story, list **Three** other types of narratives. (3mks)

Give a character trait of Hare.

(2 mks)

WEEK 9

ORAL SKILLS

- **Circle the word in which the vowel is pronounced differently;**
 - Son, sun, can, –
 - Steak, teak, sale –
 - Last, love, bust, -

- **For each letter below, provide a word in which the letter is silent.** (3mks)
 - n-
 - k-
 - w-

- **underline where stress falls in the words in bold.** (4mks)
 - She keeps her car in **PERFECT** condition.
 - With practice, you will **PERFECT** your technique.
 - Those cows **PRODUCE** much milk.
 - The **PRODUCE** is in the store.

- **From the list below, identify any five pairs of words that are pronounced the same way.** (5mks)

Lick blue past much hill heel west

Dear pear witch deer leak sin march

Whole blew hole waste seen which pair

- **GRAMMAR**
 - **Identify the collective nouns in the following sentences.** (3mks)
 - The committee will plan the wedding.

- I look after my father's flocks during the holidays.
- The navy has two hundred war ships.
- **Use the apostrophe and 's' to show possession in the following sentences.** (3mks)
 - The mother of Jane is my sister.
 - The toy of the child has been cleaned.
 - The book of the teacher is neat.
- **Fill in the space in the following sentences with an appropriate conjunction.** (4mks)
 - Boyani was upset _____ she wasn't included in the team.
 - He works very hard _____ he is old.
 - The teacher said that we would only leave _____ we have finished our duties.
 - You will never know peace _____ you apologise to your parents.
- **Fill in the blank spaces in each of the following sentences with the adjective given in brackets in their correct order.** (3mks)
 - He was driving a _____ car. (red, beautiful, new)
 - Wanjohi brought a _____ suit. (second-hand, shapeless, brown)
 - The baby played with a _____ toy. (small, lovely plastic)
- **Use the correct form of the word in brackets.** (3mks)
 - She sang _____ (beautiful).
 - John is the _____ of the two. (tall)
 - She did it _____ (her).
- **Change the following sentences into the passive voice.** (4mks)

- Ekiro kicked the ball.
- My mother takes me to school.
- Mary cooked the dinner last night.
- Zebras surrounded our school bus.